

**School-Based Health Center
Annual Goals and Objectives Form**

Instructions for Annual Goals & Objectives

1 Center and Date:

Fill in the name of the center and the date of the report.

2 Goals 1-7 and Determining Your Overall Visit Goal:

Goals should be entered using data available to the Center at the time of the report.

For each goal, including determining the overall visit goal, fill in the "Targets" column with specific measurable objectives.

To calculate your overall visit goal for the coming year:

Determine the percentage (%) of the school population that will be enrolled at the SBHC site.

Divide this percentage by 2 to get the unduplicated count.

Multiply the unduplicated count by 3 or 4 (depending on visit counts for the past three years) to get the overall visit count per center.

Ensure that the unduplicated user objective is at least half of the number of enrolled students at each site.

3 Save:

Save file as "FYXX SBHC name Annual Goals Report"

4 Submit:

Submit this completed form on or before May 15, for the following year, to DHSS_DPH_SBHC@delaware.gov

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Center:

Date:

GOAL #1

To reduce the critical health problems of adolescents by ensuring the utilization of comprehensive health services provided by the SBHC.

Targets	Evaluation
	Total student population.
	% percent of student population enrolled at SBHC.
	Number of student population enrolled at SBHC.
	Total projected visits to the SBHC this school year.
	Projected number of unduplicated users.

GOAL #2

To improve the physical health of students by providing age-appropriate medical services through the SBHC.

Targets	Evaluation
	Number of physical exams.
	Number of immunizations.
	Number of nutrition diagnoses.

GOAL #3

To reduce the incidence of high-risk behaviors through health education and risk reduction efforts.

Targets	Evaluation
	Number of lunch-and-learns (if applicable)
	Number of health educational activities. (health fairs, number of school programs that your center assisted with, etc.)
	Number of students and group sessions. (smoking cessation, anger management, weight reduction, etc.)

GOAL #4

To reduce the mental health and psychosocial problems of adolescents by improving access to utilization of mental health services provided by the wellness center.

Targets	Evaluation
	Number of individual and family counseling visits.
	Number of group counseling visits.

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GOAL #5

To ensure coordination with student’s medical home and/or primary care provider. (Measurable objectives for this goal shall include developing procedures for informing primary care providers of SBHC encounters.)

Targets	Comment
N/A	

GOAL #6

To increase number of parental/school involvements in the SBHC and center’s care of students.

Targets	Evaluation
	Number of Center Advisory Council meetings in a year.
	Number of parents that will serve on the Center Advisory Council.
	Number of students that will serve on the Center Advisory Council (if applicable).
	Number of faculty that will serve on the Center Advisory Council.
	Number of other school staff that will serve on the Center Advisory Council.
	Number of meetings with the school principal and/or superintendent about the progress of the center.

GOAL #7

To increase community awareness of wellness centers.

Targets	Evaluation
	Number of SBHC presentations to the school board.
	Number of presentations to community groups.
	Number of health fairs (if applicable).
	Number of articles in the school paper (if applicable).